

Planner Outi Suorsa

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# Practical training supported by the university – webinar on 14th of January 2026

University of Lapland



**LAPIN YLIOPISTO**  
**UNIVERSITY OF LAPLAND**

# Financial support for practical training

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- New instructions will be followed by 1.1.2026
- Concerns practical training in Finland and abroad
- Not for **unpaid** practical trainings
- Financial support is paid for employee (not for a student)
- The amount is 1,800 €/3 months period of practical training
- The traineeship must be approved by faculty and contract must be done before the practical training starts
- No certain dates when to apply or separate application → you can start looking for practical training placement right away!

# Who can apply for financial support for practical training?

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- Covers **all undergraduate students**
- Once during the studies
- **One must include practical training as a part of her/his studies**
  - There must be an course description for practical training
  - There must be given credit point or points
  - Faculty (teacher in charge) approves workplace as a practical training
- There's paid no other financial support by University of Lapland

# Terms for employee

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- Employee pays salary
  - recommendation Kelas's minimum wage 1463 €/month
- Employer takes the trainee for fixed-term employment relationship
- Offers guidance at the workplace, minimum 1 h/week
- The training period lasts at minimum 3 months (full-time work) or equivalent time as a part-time work

# Contracts and the process

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- Practical training contract
  - Signed by student, employee, department and Student and Learning Services
  - Contract can be loaded from practical training sites
  - Signatures are asked electronically, so don't fill them
- Contract of employment
  - Highly recommended
  - between employee and student
- Process
  - 1) Find the placement
  - 2) discuss it with your teacher
  - 3) fill the practical training contract (except signatures)
  - 4) send it to "harjoittelutuki @ ulapland.fi"
  - 5) sign electronically the contract

# Where to seek for placement?

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- [JobTeaser](#) (Universitys official portal for jobseekers)
  - Advertisements are modified by universities, so the jobs are checked that they are suitable for university students
  - Note: you have to registrate to the portal
  - Note2: Tuudos placements are featured by Barona
- Other sites like [Työmarkkinatori.fi](#), Work in Finland , [Academic work](#), [Finland Jobs](#), [aTalent](#), [Jobly](#)
- Social media, LinkedIn
- Job fairs and other happenings like [Mätsis-messut](#) on 29th of January or International House of Rovaniemi [Job searching info](#) on 21th of January
- Asking direct a placement from organisation you are interested in

Thank you!



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[ulapland.fi](http://ulapland.fi)